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Act on Copyright in Literary and Artistic Works The Ministry of Justice

March 1, 1996

Stockholm

(Act 1960:729, of December 30, 1960, as amended up to January 1, 1996).

CHAPTER 1.

Subject Matter and Scope

Article 1.

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1. a fictional or descriptive representation in writing or speech,
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Maps and other works of a descriptive nature executed as drawings, engravings, or in a three-dimensional form, shall be considered as literary works.

**Mountaineering/Glacier walk/Ski Mountaineering,
Punta Giordani, Piramide Vincent, Balmenhorn, Schwartzhorn,
Ludwigshöhe, Punta Parrot, Punta Gnifetti, Punta Zumstein, Punta Dufour,
Roccia della Scoperta, Lyskamm orientale and Lyskamm occidentale.**

On the border Italy / Swiss, with Zermatt on the Swiss side and South-West from there Cervinia on the Italian side and finally more or less South from Zermatt the villages Stafal and Alagna.

To reach Stafal, drive on the E25/A5 from Torino to the tunnel under Mont Blanc. In Pont St. Martin, follow signposts for Gressoney and after about an hour you reach Stafal.

We do choose Stafal of several reasons. The winding road up from Pont St. Martin is lovely. Stafal is a calm small village, and most of the tourists coming here are going to the glaciers, to summits or to the Huts for to eat and talk to friends.

If you have a cheap flight arriving in Milano the fastest drive is to Alagna, also a small village but more tourists and more expensive.

We recommend the whole area for skiing and Free Ride, Champoluc, Stafal and Alagna.

As you probably have notice the TOPOS cover 12 summits, and we expected 15. Missing is Nordend, Punta Castore and Punta Polluce. We hope to fill them in during 2011.

The 8 first summits mentioned above is easy, graded PD . However, the high altitude, especially as people reach Rifugio Margherita, tend to break down quite many. Headache and nights with no sleep. A suggestion will be to take the Cable-lift from Stafal to Punta Indren (3260 m), walk over glaciers and easy scrambling to the Hut Gnifetti (3611 m). Eat and sleep well and super early next day start the walk for Piramide Vincent, Balmenhorn, Schwartzhorn, Ludwigshöhe, Punta Parrot, Punta Gnifetti where the highest hut in Europe is to be found, Margherita (4554 m). Next day do the Zumstein (and Dufour if you want though much harder) on the way down. Sleep and eat well ones again on the Hut Gnifetti and on the way back next day, walk up and finish with the Punta Giordani. The Hut Citta di Mantova is exclusive, but at least on the way up the Gnifetti Hut leave 111 important metres that you do the first day, and, we will also show you a great short-cut that leads to the Gnifetti.

The Dufour and the Lyskamm is harder, graded AD and PD/AD. Punta Dufour is to be done from the Margherita Hut. The Lyskamm crest could be done from Margherita or from the Gnifetti, though much easier from the Margherita (if you have had a good nights sleep!)





Punta Giordani, 4046 m and the Hut Gnifetti, 3611 m

In Stafal, buy a ticket for the end station P. Indren. Tree Cable-lift will take you from 1820 m up to 3260 m. The cost 2010 was € 32,00.

As you step out from the end station at Indren you have the first 4000 + summit direct to the right. If you prefer so, and if the weather situation is good, you can do this summit on this point or wait until you are on the way down.

The uphill slope is a gentle glacier, not especially steep and finally a couple of metres of easy scrambling.

Descend the same way as you ascend.

From the Cable-lift station, cross over the glacier heading West. The track is often big and easy to find since a lot of people do walk to the hut's and the walk to reach to the Città di Mantova is about 2 hours. Another half hour and you will reach the Gnifetti Hut.

However, if you want you can take a short-cut to reach the Gnifetti. From Indren, cross over the glacier but instead of the scrambling walk slightly left over the rock you go slightly right and climb the steep

gully (obvious). The gully end on the same level as the Hut and if you take the short-cut you will reach the Hut in 1,5 hours.

All Huts is expensive and only a few gives discount if you are a member in CAI (Club Alpino Italiano) or the British BMC. If you want to save money, bring especially water and energy drink. To pay for a pasta or a soup is not to heavy.

During high season, July to the first week in September you need to do a reservation, if the weather is nice the Huts is filled.

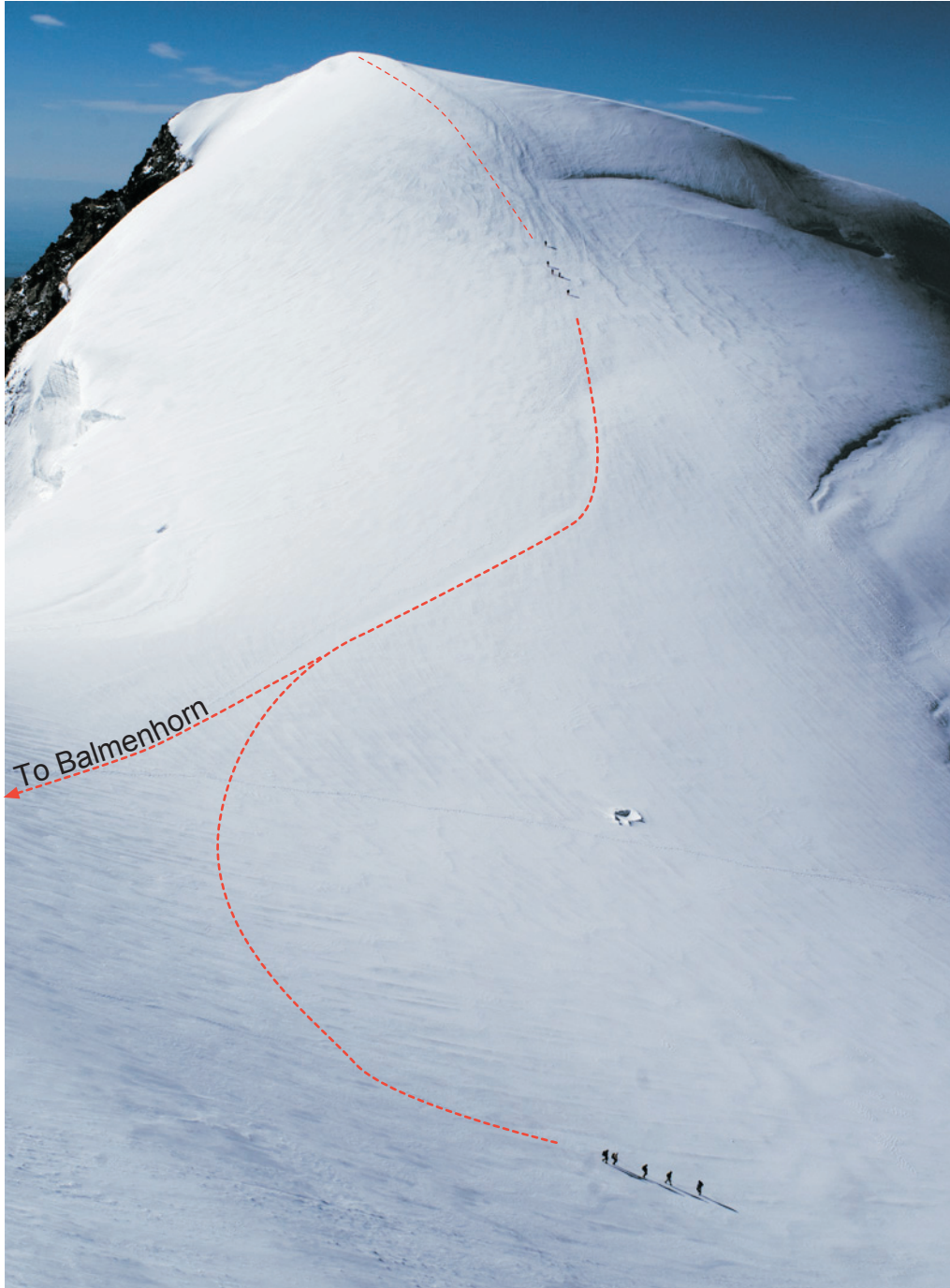
On the picture above: Rifugio Gnifetti..

On the picture right, on top: From Indren, walk up on the glacier to reach the summit of Giordani.

On the picture to the right: Mountaineering, the last step to reach the summit. In the background the steep Schwartzhorn.



Piramide Vincent, 4215 m



Balmenhorn, 4167 m



To be able to do all the summits from Gnifetti on the way to Margherita demands an early start, good weather, not too deep snow and climbers in good shape. The altitude makes everything hard, and for to get used to altitude you need about a couple of weeks on this altitude.

15 minutes after you have left the Hut Gnifetti you will reach the first step, and long slope. When you have done this, hold right to walk around the Piramide Vincent in order to reach the North-East slope where it is easy to walk up to the summit. Quite often you will find a main track, if it is a lot of people, that pass Piramide Vincent, Balmenhorn, Ludwighöhe and Punta Parrot. The track is from the bunch of people that is heading direct for the Rifugio Margherita.

After the summit of Vincent, walk down but keep the high track and focus on the Balmenhorn where you also will find the Bivy and the judge statue of Jesus. The last 10 metres is an easy Via Ferrata.

Climb down and continue in the direction North-East and now walk around the Schwartzhorn in a similar way as you rounded Vincent.

Schwartzhorn offers steep climbing in snow and sometimes with ice in the track. Climb up to the summit and the small Madonna that you will find on the summit.

From the Schwartzhorn, walk in the direction of the highest point of Ludwighöhe, North, and climb up on the steep snow slope to reach the summit (picture on the next page). Walk down on the nervous edge, West, to reach the main track up to Margherita.

Punta Zumstein

Ludwigshöhe

Rifugio Margherita
Punta Gnifetti

Parrot



Punta Parrot, 4436 m and the Rifugio Regina Margherita, 4554 m

Follow the crest down from Ludwigshöhe and as you reach the “main track” walk in the direction of and up on the ridge on the Punta Parrot. Pass the highest point and continue down the ridge until you meet some rock, now walk down to the left in order to cross the glacier and join the main track.

Many that has been up to Margherita remember this last part as in fog. The altitude together with the long walk makes even strong ones exhausted.

If you still walk strong you can also go up on the Punta Zumstein before you walk over the glacier to the Hut. If you are planing to do Punta Dufour you can leave it since the route for Dufour is starting of from the summit of Zumstein.

As with the Huts Gnifetti and Città di Mantova you need to book the Hut, but if you are lucky you can do it the day or two before you plan to arrive. This is a very expensive Hut, but since it is the highest in Europe it might be worth it. However € 80,00 leads the though to exclusive Hotels in

Barcelona.

Get more information about the Hut on the web site http://www.caivarallo.it/rifugi_cai_varallo/capanna_regina_margherita_rifugio.php

Get more information about the Rifugio Gnifetti at http://www.alagna.it/home.php?l=en&id_cat=struttura_dettaglio&sid=&o1=8&o2=

We estimate that approximately 50% of the people that is heading for Margherita do use a Guide. The weather in this area can shift in a couple of hours, so be well prepared.

On the picture below: The ridge on Punta Parrot, long and sharp.

On the picture right, on top: Rifugio Regina Margherita.

On the picture to the right, below: Punta Zumstein to the left, Punta Gnifetti with the Hut to the right.



Roccia della Scopertat, 4178 m, Lyskamm orientale, 4527 m and Lyskamm occidentale, 4481 m



Lyskamm, a exposed traverse

The best choose might be to start the traverse from the Margherita. To walk (or ski) down from the Hut to reach the ridge of Lyskamm is not to hard, compared with a hard and steep walk if you start from Gnifetti Hut.

Though, many sleeps really bad on an altitude of 4500 m. It is common with head-ache and you maybe should be open for any of the two possibilities.

You start from the main track between Gnifetti and Mergherita, just where the ridge comes down from Ludwigshöhe. From here, walk straight in the direction of the ridge of Lyskamm.

The traverse is graded PD/AD and this is the most beautiful ridge in the Monte Rosa massif but do not underestimate it. Depending on the snow-condition the traverse can be hard and this traverse each year take some life's.

Not many does the traverse so even if the glaciers and the Huts has a lot of people the traverse attracts about 10-20 per day. As with the Dufour this is a tour more in Alpine style.

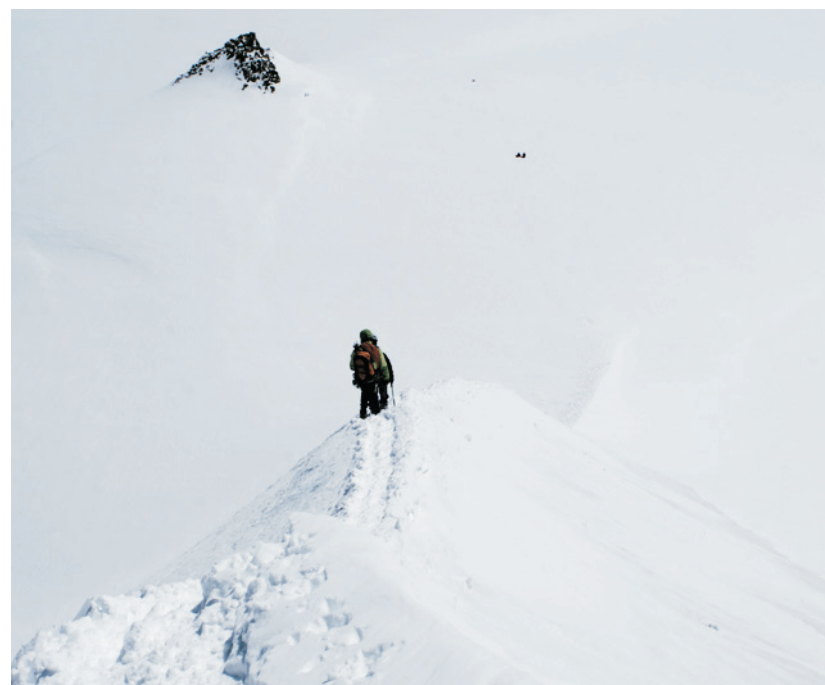
You can walk the ridge to Lyskamm occidentale and then walk the same way back, or you can do the traverse and descend from occidentale continuing the ridge down to the Hut Quintino Sella. You can do a long walk from this Hut down to Stafal.

You can find more information and book at <http://www.rifugioquintinosella.com/>

On the picture below: The Lyskamm traverse.

On the picture right, on top: Start the approach from the main track where the ridge of Ludwigshöhe meet the track.

On the picture below to the right: The sharp ridge of Lyskamm.



Punta Dufour, 4634 m





The best is to start from Rifugio Margherita early in the morning. Cross over the glacier and ascend the ridge to reach the summit of Punta Zumstein. Now, descend down a sharp ridge, scrambling to cross over some rocks and then follow the ridge until you reach a short climbing part III grade.

If you want to be really safe on this part, bring some small Friends.

The route is graded AD with this short climb graded III. As with the Lyskamm ridge there is only a few climbers doing this route compared to the bunch heading for Margherita from Indren. There is not a big risk for any line up here.

When you have followed the ridge and after you have climbed up to the top there is quite a long and bulky climb more or less as a traverse to reach the summit. Follow the broken ridge until you reach the steel crucifix.

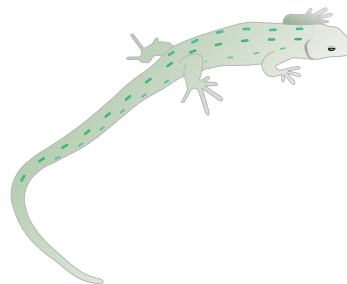
The time for the ascend from Margherita is approximately 2,5-3 hours. You will need the same time to get back.

The view is of course very beautiful on this altitude, you will see all the summits of Monte Rosa, Matterhorn, Dent d'Herens, Mont Blanc and Grand Jorasses.

On the picture above: The sharp ridge leading to the summit from Punta Zumstein.

On the picture right, on top: A short part of rock climbing, graded III.

On the picture to the right: The ridge leading to the summit is broken and long. In horizon Mont Blanc and Matterhorn.





View over Monte Rosa from Pic Tyndall in sunrise.

To get in contact with Guides in the area, follow this link to the Guides in Alagna: http://www.alagna.it/home.php?id_cat=alpinismo&n=Mountaineering.

Peak season is July-August and the first week in September. Rescue services with expert helicopter evacuation are sophisticated but expensive, carry full alpine insurance.

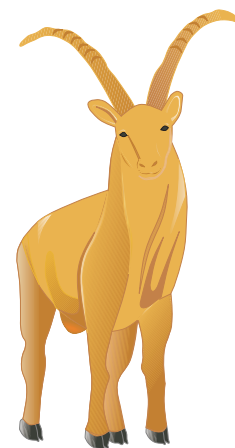
To get broadcasts, search Google for; webcam, Zermatt or webcam, Cervinia.

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Scrambling/climbing TOPOS to Monte Viso, 3841 m

Scrambling TOPOS to Argentera, 3297 m

and other ones

Monte Rosa, Detailed map

As you reach Stafal you will find two big car parks, one on each side of the river Lys. The car park that is closer to the Cable-lift has signposts with information that you have to pay, however, I have never paid and have never paid any parking fines.

You will find a small and quite expensive food store (though far cheaper than the Huts), a café and two sport shops, Hotels with Bars and Restaurants. In the slopes if you take the Cable-lift up you will find two more Huts suited just by the lift, they are Rifugio del Lys and Rifugio Guglielmina.

<http://www.turismocolledellys.it/yety-village/rifugio-colle-del-lys/contatti-contacts.html> and/or

<http://www.rifugioguglielmina.com/en/firsthome>

If you drive a camper there is also a camper-car-park, pay € 10.00 per day and get access to toilet, water and if you pay, electricity. More shops, Hotels, Bars and Restaurants is to be found in the bigger village Gressoney-St. Jean further down in the valley.

Buy a return journey to the end station Indren, during high season the cable-lift starts at 07.00.

You will need full Alpine Mountaineering equipment, warm clothes, extra sugar and water or sport drinks.

Most of the visitors walk with a rope of about 10 metres between each other, often in groups of 3 or more.

The area for the given tracks has a normal year few crevasses but there is some places where you pass big ones that normally is covered with snow, and in some places you walk on ice-bridges.

The whole area is lovely for ski-mountaineering and during this last tree years the season has just keep going on all the summer, with cold temperatures and snow has been falling down also in July and August.

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